

## Green Bay Southwest Lady Trojans SOCCER PROGRAM



### HANDBOOK FOR PARENTS AND PLAYERS

#### PROGRAM OVERVIEW

The Southwest High School Soccer Program for women student athletes is extremely proud of the TRADITION that has been established over the past seasons. Our coaching philosophy is focused around winning as a byproduct of building character and teaching certain core values to student athletes that they will apply the rest of their lives. The high school soccer pitch is an ideal setting to instill our players with life skills of teamwork, sportsmanship, discipline, and commitment. We believe soccer is a life-long sport and maximum participation is among our most important goals.

Team Motto:

***"Some Dream About Goals...We Make Them" (TENTATIVE)***

Players will be asked to be loyal, take pride in their efforts, and most importantly to enjoy this beautiful game. The combination of technical skills, physical fitness, and the capacity to learn and execute tactics provides a formula for a player's success. A group of players, who consistently work together to improve their skills and obtain the unselfish attitude to play for each other; in time, will develop the chemistry needed to become a great team.

Our priorities during the soccer season are, and always will be:

*FAMILY FIRST  
ACADEMICS SECOND  
SOCCER THIRD*

Our commitment to you is to uphold this philosophy and always honor the game. Your commitment is to always give your best ... to the Southwest program, to the team, and to strive to constantly improve your teammates and yourself.

#### COACHING STAFF

Our coaching staff understands that they are teachers and role models. We strive to hire the best available coaches. We search to find coaches who have a passion for this beautiful game and strive to assist student athletes in all facets of life. Coaches are encouraged to become licensed either through the USSF or NSCAA coaching schools.

#### TEAMS, TRYOUTS, AND ROSTER SELECTION

We currently field one Varsity and one Junior Varsity team. Each season we will aim to add a second Junior Varsity team, which may happen this season, depending on the numbers at the end of tryouts. The rosters are generally set during the first week of training. During this "tryout" period it is imperative that athletes clear their schedules so they can attend each training session. During these sessions, training groups will constantly be adjusted on a daily basis to minimize the possibility of overlooking someone.

Rosters will consist of 15-24 players and will likely stay unchanged throughout the season. In a season with multiple Junior Varsity teams we will split the teams according to players' abilities, with the JV-Blue being the more competitive, while JV-White will be more "recreational" in nature. This does NOT mean that one team will receive better coaching than the other, nor does it imply that JV-White players will never "get a shot" at Varsity. An "all freshman team" would be split evenly, but numbers and types of players in the pool may dictate that an "A" and "B" team be established.

Any player, from any age group, is eligible for the Varsity roster. The best players play Varsity provided all criteria for eligibility have been met. If a player is ineligible on THE FIRST DAY OF TRAINING, either academically or due to a code violation, they will not have a spot on the varsity roster to begin the season. Late arrivals will also begin the season on the JV Team.

#### "CUTTING" PLAYERS

It is rare that we find it necessary to cut players. This practice is inconsistent with our philosophy and will only be employed when numbers dictate. If this is required, the order of cuts is:

**1<sup>st</sup>:** A lower skilled player at the Sophomore, Junior, and Senior level

**2<sup>nd</sup>:** First year players at the Sophomore, Junior or Senior levels

**3<sup>rd</sup>:** Freshman

**For the most part, we do not allow Seniors to play JV.**

## TRAINING OR PLAYING WITH ANOTHER TEAM

DEDICATION AND LOYALTY TO THE GREEN BAY SOUTHWEST HIGH SCHOOL SOCCER PROGRAM IS A SIGNIFICANT PART OF THE CRITERIA FOR PLAYING AT THE VARSITY LEVEL. THE EXPRESSED IMPORTANCE OF "TRADITION" INCLUDES A COMMITMENT TO EVERY PLAYER, AT EVERY LEVEL, WHO HAS WORN, OR WILL WEAR, THE UNIFORM OVER THEIR HIGH SCHOOL CAREER. THEREFORE, IT IS NOW THE POLICY OF THE SOCCER PROGRAM, THAT, IN ORDER TO HAVE THE OPPORTUNITY TO EARN A POSITION ON THE VARSITY ROSTER AT ANY POINT IN THEIR HIGH SCHOOL CAREER, A CURRENT HIGH SCHOOL PLAYER MUST NOT PLAY OR TRAIN WITH ANOTHER SOCCER TEAM, OTHER THAN THEIR DESIGNATED HIGH SCHOOL TEAM, AT ANY TIME, DURING THE WIAA DESIGNATED HIGH SCHOOL SOCCER SEASON. THIS RESTRICTION INCLUDES A PLAYER'S CLUB/S.A.Y. TEAM.

## TRAINING

All players are expected to attend all trainings and all team functions. Coaches will provide training schedules for the season that contains all matches, training sessions, and days off. In the event that there is a change in the schedule for any reason (Weather, Transportation, etc.) the coaches and/or captains shall notify the players using the best available communication methods. Players should schedule personal activities such as appointments and family vacations during scheduled days off. **Players will be excused from training for: illness, planned family activities (within reason), certain school functions, and extra academic help or make-up work. These absences must be communicated to the appropriate coach "IN ADVANCE".** If a player is injured, they are expected to attend all training sessions unless being rehabilitated by the school's designated athletic trainer. They are to report to team training after their rehab session, if possible. Outside therapy, treatments, and doctor appointments should be scheduled around the team training sessions.

- One unexcused absence from training will result in sitting ½ of a game.
- Two unexcused absences will result in missing a complete game.
- A Third may result in removal from the roster for the remainder of the season.

**\*\* Students who are absent from school or spend time in ISS or OSS are ineligible to participate in games that day. \*\***

## PLAYING TIME

Playing time is at the discretion of each coach, but there are different guidelines at different levels of competition. If you have concerns that you find are outside of the guidelines that follow, please do not hesitate to discuss them with the coach privately. If you are still not satisfied, feel free to contact the varsity head coach with your concerns. GENERALLY SPEAKING, PLAYING TIME IS NOT OPEN TO DISCUSSION.

**JUNIOR VARSITY WHITE TEAM:** All JV-White players in good standing will play in every match. Actual time on the field may vary for any player on any given day, but coaches recognize the importance of match time for player development at this level.

**JUNIOR VARSITY BLUE TEAM:** Coaches will make an attempt to play all players on JV-Blue squad in each match, but playing time is at the discretion of the coach and is not guaranteed.

**VARSITY TEAM:** Playing time is not guaranteed at the Varsity level. Players need to be prepared for any situation, as do parents. It is very possible that a player will fill a vital role in training, but see very limited time in matches or as the situation dictates between different games. All Varsity players will contribute to the building of a cohesive unit, and must be prepared to give up the "me" attitude in the best interest of the team. Non-starters also need to embrace the next player up mentality in the case of injuries.

## ATHLETIC CODE

The coaching staff supports the High School Athletic Code and expects our players and their parents to be familiar with it. Copies of the code are available on the district website ([www.gbaps.org](http://www.gbaps.org)).

Other discipline issues are handled at the team level, at the discretion of the coach. If parents have an issue or a question, please feel free to ask the coach. If you do not receive satisfaction, please contact the Varsity Head Coach before going to the Activities Director.

## If you have an unresolved issue or complaint:

**FIRST:** Speak to the coach privately away from the field with your student athlete. (24 hour rule).

**SECOND:** Contact the Varsity Head Coach if not satisfied that the issue has been resolved.

**THIRD:** Contact the Activities Director

## ATTENDANCE POLICY

If you are marked as “UNEXCUSED” for any period of time during the school day, you will be notified by the coaching staff. You then have two school days to clear this absence. If you do not clear an unexcused absence within the time allowed you will be INELIGIBLE for the next contest. IT IS YOUR RESPONSIBILITY TO FOLLOW UP ON THESE WITH YOUR TEACHERS AND GET THEM CLEARED FROM YOUR RECORD RIGHT AWAY. The best way to prevent this happening is to make sure you are where you are supposed to be AND DOUBLE-CHECK WITH TEACHERS THAT THEY HAVE CORRECTLY RECORDED YOUR ATTENDANCE FOR THE PERIOD. This is especially critical if you are “signed out” of a study hall or attending any function that is out of the ordinary for that period.

## ACADEMICS

You are ineligible if you receive 2 or more “F’s” and/or “I’s” for any grading period. However, we feel that a single “F” or “I” is below the standards of the soccer program. If you find yourself in this situation expect close monitoring by the coaching staff. You and your teammates may be required to attend mandatory study sessions until your grades are at a satisfactory level. Failure to live up to the standards of the soccer program as a “student athlete” will result in game suspensions and potential removal from the roster. You may be required to turn in Daily or Weekly Reports from your teachers in order to assure the coaches that you are demonstrating the required effort to succeed in the classroom. Again, a lack of effort will have a negative effect on playing time and the team as a whole.

## SPORTSMANSHIP

We expect our coaches, players, and parents to display positive behaviors on the sidelines and in the stands. Things will NEVER go our way all the time, but harassing players, coaches, and officials paints an ugly picture of our athletes, our program, our school, and our community. Such behavior will NOT be tolerated.

## SPORTSMANSHIP CODE OF CONDUCT

- **Respect the rules of the game.** Rules keep the game fair. If we win by bending or violating the rules what is the value of our victory?

- **Respect your opponent.** Without the opponent, there would be no competition. A worthy opponent challenges us to do our best. We want to play fierce and friendly and never think of the opponent as an enemy.
- **Respect the officials at all times.** Even when a call goes against us. Remember they are not perfect. Just like players, coaches, and parents they make mistakes too! They are an integral part of upholding the “letter of the game”, without them it wouldn’t be a true contest.
- **Respect your teammates.** Make a commitment to each other on the field, in the classroom, and in social settings. Encourage each other and stay focused on building chemistry. This is essential for us to become a great team.
- **Respect yourself.** Value our tradition, as it is a privilege not a right to participate. Be true to your values and live up to your highest personal standards of honoring the game, even when others do not.
- Stay positive and energetic.
- Work with players and parents to ensure everyone behaves well.
- Don’t focus on “yourself” as a player or “only your child” as a parent.
- Don’t show negative emotions so others can hear you.
- Don’t interfere with coaches.
- Keep a sense of humor and remember that soccer is fun!

## UNIFORMS AND EQUIPMENT

Players at the Junior Varsity White and Junior Varsity Blue levels will be issued home and away kits. The Junior Varsity teams will also be issued warm-ups, parkas, and backpacks. Players must purchase two pair of matching socks through the team for games.

Varsity players will be issued home and away short sleeve kits, home and away long sleeve kits, warm-ups, parkas, and a duffle bag. Varsity players will also purchase two pairs of socks through the team in order to ensure everyone on the team matches.

Players at every level are responsible to provide their own cleats, shin-guards, rain gear, and practice attire. ALL SHIN-GUARDS MUST BE LABELED WITH THE APPROVED “NOCSAE” LOGO ON THE FRONT OF THE SHINGUARD. You will not be allowed to participate without it!

ALL EQUIPMENT ISSUED MUST BE TURNED IN AT A TIME DESIGNATED BY THE VARSITY HEAD COACH. Failure to turn in equipment will result in a player not receiving their “award” at the end of the season and could also prevent graduation until items are paid for or returned. It is the responsibility of players with assistance from parents to properly maintain and keep track of all equipment they have been issued. THERE WILL BE FINES FOR LOST OR STOLEN ITEMS.

## **AWARDS CRITERIA**

In order for a student-athlete to receive an award for soccer, they must play in at least one-half of the matches on their team's schedule. In addition, the student-athlete must finish the season "*in good standing*". This simply means that they are not suspended from participation for ANY reason. Lastly, all issued equipment and uniforms must have been turned in.

Awards are handed out at the end-of-season banquet and are presented as follows:

- Team Awards: (MVP, etc.) are permitted at all levels IF the coach feels it is appropriate. However, there may or may not be "Trophies", "Certificates", or "Medals" given for this recognition.

**NOTE:** Players who receive/serve a code violation or are deemed academically ineligible at any point during the season are not eligible to be nominated for Team Awards or All-Conference Awards. Players may also be deemed ineligible for receiving a red card during a match.

## **BOOSTER CLUB**

All families are encouraged to become members of the Southwest Booster Club. They do a GREAT deal to support Trojan athletics!

### **BOOSTER CLUB TEAM REP:**

Each program is encouraged to have a parent representative that communicates with other parents and acts as liaison between the Booster Club and other reps from other teams. The foundation of our program and our success is due to the fantastic support of our families involved in the program.

Please see the Varsity Head coach if you are interested in getting more involved with the Southwest Booster Club.

## **MISCELLANEOUS**

### **TEAM PURCHASES**

Items such as sweatshirts, t-shirts, etc. can be purchased by players IF the majority of the group wishes. If such items are to be purchased, coaches, players, or parents MUST get the approval of the Varsity Head Coach.

No extra awards or trophies shall be presented to any players by anyone other than a representative of Southwest High School. (There are no Junior Varsity White or Junior Varsity Blue Conference Champions, for example.)

### **TRANSPORTATION**

Team travel is team travel. All players and managers are expected to ride the bus to and from away matches unless the appropriate paperwork has been filed with the coach. This option is for **emergency** situations only, and should be avoided if possible. In order for a parent to take their daughter home, the parent must talk in person with the appropriate coach to notify the coach they will be driving their daughter home.

The school provides transportation to away matches. A bus leaves the High School (in front of the gym entrance), at designated times. Transportation to and from practice and home games is the responsibility of the player and parents.

### **PLAYER DUES**

Each player (JV and Varsity) will have to purchase two pairs of socks (White – Home and Royal – Away). These socks will be available for purchase during uniform handout. The cost of the socks will change each season (approximately \$30 for both pairs)

The Varsity team will also be taking part in a team building day (weather permitting) in the month of April. The cost of that trip will be split between the program and players. The final cost for each player will be communicated to the parents as soon as details are available.

The Varsity and JV Blue teams will also be playing in the Kenosha vs Green Bay Challenge. This season the tournament is in Green Bay.

This year, the Varsity team will schedule an alternate overnight tournament. The cost of this trip will be communicated after the team's fundraisers have been completed. We will put together a team picnic for Saturday of the tournament.

NOTE: In the future, we will be spending time fundraising in order to eliminate player dues.

## **2019 Southwest Girls Soccer Misc. Information**

### ***Coach contact info:***

Tyler Thomas – Varsity Head Coach  
(920) 609-2070  
[tjthomas2@gbaps.org](mailto:tjthomas2@gbaps.org)

Jay Draves – Varsity Assistant Coach  
(612) 384-6806  
[gbswsoccer@gmail.com](mailto:gbswsoccer@gmail.com)

Frank Fiordellisi – Junior Varsity Head Coach  
(920) 619-9153  
[ffiordellisi@wernerelectric.com](mailto:ffiordellisi@wernerelectric.com)

Adam Relich – Varsity Assistant Coach

Jerry Draves – Varsity Assistant Coach

Clare Cuene – Program Assistant



## **PROGRAM ACCOMPLISHMENTS:**

**2014: Regional Champions**

**2015: Regional Champions  
Sectional Champions**

**WIAA Division 2 State Runner Up**

**NSCAA All-Academic Team (3.59 GPA)**

**2016: Regional Champions**

**2017: Regional Champions**

**\*\*\*Please email Coach  
Thomas if you (parents  
or players) would like to  
be added to the soccer**

**email list...you will receive information & updates about the  
2019 season, clinics, and summer camps as they come. \*\*\***

**\*\*\*Green Bay Southwest Soccer Website is almost ready for the  
2019 season. The following URL is the website for Southwest  
Girls Soccer:**

**[www.gbswsoccer.com](http://www.gbswsoccer.com)**

**\*\*\*Anyone interested in playing soccer outside of school and is still  
looking for a team, please contact Coach Thomas for more  
information. \*\*\***

### ***Summer/Club Soccer Schedule:***

The Southwest Soccer Coaching staff is interested in following current and future Southwest Soccer players as they compete on recreational and club teams throughout the year...please let us know which team you play with and send us a schedule so we can attend some games... WE WANT TO BE THERE!

